



Food for Thought

Spring 2023

Meals For The Elderly

Quarterly Newsletter

(325) 655-9200

Support Meals at San Angelo Gives

San Angelo Gives is right around the corner and we are asking for your support again this year. Every year, we are deeply humbled and thankful for the gracious citizens of the Concho Valley and of our donors who continually support us in our mission.

Last year, San Angelo Gives raised over \$4.1 Million for over 200 non-profit organizations in the Concho Valley. The overall goal for this year is \$4.25 Million and you can help them achieve that goal through a donation to Meals For The Elderly on Tuesday, May 2, 2023.

Every dollar you give on that day will go directly back to our organization to help pay for the food our recipients receive on a daily basis. Donations are also amplified thanks to donors who support the event. Last year, we delivered 254,766 meals to 1,071 unique individuals in our area. There are still people that need our support and services and we are hoping to provide 260,000 meals in 2023. This goal is only possible through the support of our donors and the generous community



we live in.

Last year, we had to increase our goal twice as the community came through and kept breaking it. We want to see the same thing happen again this year. **Meals For The Elderly would like to raise \$150,000 on May 2, 2023 through the San Angelo Gives day.** You can make a donation by going to our page at www.sanangelogives.org/mealsfortheelderly or scanning the QR Code below.

Make sure to follow us on Facebook where we will be doing regular check ins throughout the day on May 2nd. Thank you for your continued support of our organization and our cause we truly appreciate you and would not be able to continue to operate without you.

San Angelo Gives Tuesday, May, 2, 2023



Meals For The Elderly
Goal:
\$150,000

Board of Directors

President
Jessica Balliew
Vice President
Johnny Garza
Treasurer
Mark Odle
Secretary
Krispin Graves

Board Members

Olivia Carrasco
Rick Howard
Kelly Jelensperger
Veronica Madrigal
Krista Manning
Seth Mayberry
Haley Parsley
Stacie Reyes
Camille Santry
Jeff Smith

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Executive Director
Dason Tucker
Accountant
Rebecca Padilla
Director of Development & Marketing
Jessica Behringer
Volunteer Director
Kelly Usry
Volunteer Coordinator
Courtney Whitney
Director of Client Services
Lori Rodriguez, MSW
Client Services Coordinator
Anita Garcia
Client Services Assistant
Paula Gryder
Administrative Assistant
Mabel Ynojosa

Kitchen Staff

Mary Hernandez
Tony Pena
Irene Araujo
Patricia Hernandez
Martha Orozco
Monica Salas
Courtney Galindo

Volunteer Appreciation



United We Serve

Our volunteers are the heart and soul of our organization. We would not be able to operate on a daily basis without their continued help. Over the past 48 years more than 4 million meals have passed through our doors in the hands of these generous volunteers. While we wish we could acknowledge each and every one that has given their time over the years, we would need to publish a book to do so. We want to thank everyone that has served us in the past and recognize those currently serving.

We did our best to include all current volunteers based on the records we have available to us. Plaques will be hung in the hallway of our building to recognize those that have served the milestones of 10, 20, and 30+ years. We will also have a Memorial Plaque and a Plaque for the Volunteer of the Year and Organization of the year. Thank you again to everyone that supports our mission on a daily basis.

Volunteers that have served 30+ Years

Antonio Troncoso, Jr.	First Christian Church	Jan & Brian Tarraferro
Beverly Nevins	First Financial Bank	Janet Cauthen
Carmen & Allen Martin	Glen & Trish Lambert	Kay Lewis
Church of the Good Shepherd	Holy Angels Catholic Church	Mary Beth & Arlen Lohse
Concho Pearl Lions Club	Immanuel Baptist Church	Mike & Ruth Wheeler
		West Texas RSVP

Volunteers that have served 20-29 Years

AEP/Texas	Craig Halfmann	Mary McClure
Ann Light	Emmanuel Episcopal Church	Mike & Tina Tucker
Arbor Terrace	Fairview School Resource Class	Mildred Thompson
Betsy Sadler	First Presbyterian Church	Nettie Cavin
Bill & Myrna Brooks	First United Methodist Church	RaiLynn Toops
Bill & Peggy O'Ferrall	Jeanie Holbert	Roger & Anna Margaret Anderson
Candis Hicks	Jim & Frankie Newsom	Sandy & Pete Pedersen
Carlsbad/Grape Creek	John & Abbie Willis	Sandy Puckitt
Rural Route Delivery Group	Kevin Grimes	Sonny Garcia

20-29 years contined

Southland Baptist Church

Southland Baptist Friendship Class

St. Paul Presbyterian Church

Volunteers that have served 10- 19 Years

Adrian Jaramillo	Debbie Young	Lois Harrison
Amelia Esquivel	Debra Hopper	Lynsey Flage
Angie & Glenn Egbert	Dennis & Josiah Padilla,	Marcus Hogeda, Jr.
Ann Barker	Selah Kjar & Micah Reisner	Marla Daugherty
Ann Blann	Donna Ziriix	Marty Stultz
Ann Powell	Fairview VTP	Melissa Ellison
Ann Woehl	First Baptist Church Believer's	Mindy Davis
Anne & Tony Dutton	Class Adult 5 Seekers	Olivia Carrasco
Baptist Retirement Community	Gale Lane	Patti Tharp
Betty Jones	Helen James	Peggy Tharp
Betty Muncy	Jeff & Connie Moxham	Pollie Lux
Beverly Cormier	Jenny Love	Rick Howard
Bill Brown	Jim & Cecilia Wright	Roe Noble
Black Plumbing	Jim Bush	Ron Droll
Blue Cross Blue Shield of Texas	Joan Foster	SAISD - VAC
Carolyn & Joe Reed	John & Pamela Ulrich	Stephanie Milbourn
Cathy Sheen	Kelly Stewart	Tom Green County
Christoval Rural Route	Kenan Gully	Elections Office
Delivery Group	Kermit Wendland	Wanda Hudson
Clint & Maryana Symes	King & Connie Walker	West Texas Boys Ranch
Cornerstone Christian School	Lois Calvert	

Volunteers that have served 5-9 Years

Adam Saucedo	Dale McDonald	Fonda Galindo
Alex Nevarez	Danny Willard	Grant Odom
Becky & Clint Young	Deborah Louder	Haley Parsley
Bob Wilson	Debra Riley	James & Ladonna Gibson
Carla Phillips	Denis & Linda Niehues	Jamie Barker
Carter & Laura Behrens	Dimmie Mason	Jan & Gary Gregory
Charlene Bustos	Dominic Gabaldon	Jeanie Hendricks
Charlie Geller	Donna & Roger Carr	Jeff Hameister

5-9 years contined

Jeff Smith	Linda White	San Angelo 1st Ward Relief
Jessica Balliew	Market Street	Society of the LDS Church
Jessica Morales	Mildred King	Sherri Wilcox
JoAnn Flanary	Miles/Harriett Rural	St. Luke's United Methodist
Joe, Candace, Micah & Jonah Rodriguez	Route Delivery Group	Church
Ken & Lorri Haase	Miller Hall	Teresa Adams
Ken Hutson	Nick Guerra	Terri Albert
Kim Collins	Parish & Susan Benoit	Tiffany Doty
Krista Manning	Ray Favre	Vicki Lowry
Lee & Lisa Campbell	Renee & Rod Winn	Vicki Price
	Ruby Harlow	Wilma Haga

Volunteers that have served up to 5 Years

Alejandra Martinez	Connie Poulson	Jene McClellan
Alice Alford	CVWDB	Jenny Pinson
Amy Linthicum	Dale Russwurm	Jessica Hogan
Audra Richburg	Danika Martinez	Jessie Hoak
Barbara Nevins	Daryl Cates	Jimmie & Judy Auten
Barbara Rallo	David & JoAnn Noble	Johnny Garza
Becky McLerran	Deborah Neal	Judy & Carl Covin
Beth & George Gumpl	Dennis Purvis	Judy Mapes
Betty & Randy Potter	Donna Bowen	Julia Narro
Beverly Dunn	Dorothy Valadez	Julie Cecil
Brandi Whitehead	Dwayne Edling	Julie Hopper
Bryant Better Hearing / FYZICAL Therapy & Balance Center	Emily Scott	Karen Price
Cal Tech/Integris	Emma Jean Lawdermilk	Katelynn Salvato
Cam Hartson	Erin Kuehn	Kathy McGuire
Carol Ribgy	Ernestina Vasquez	Kelly Jelensperger
Carolyn & Gardner Wiseheart	FOX West Texas KIDY	Kelly, Aaron & Peter Dallas
Carolyn Mason	Francisco Fuentes	Kim Flook
Cathy Kerr	Gentiva Hospice	Krispin Graves
Celia Rice	Georgene & Randall Saverance	Laurie Dickmeyer
City of San Angelo	Greg & Laura Gomez	Leah Jumper
Claudia Montes	Haylee Jaramillo	Linda Clark
Connie & Joe Jeffers	Henry & Patricia Giralt	Linda Hale
Connie Bozarth	James Bautista	Lisa Decker
	Jeffery Snook	Lisa Melton

up to 5 years contined

Louis Flores	Olivia & Sal Sanchez	Stacie Reyes
Louis Fohn	Pam Holubec	Stacy Bryan
Lucy Jochum	Pam Morris	Stacy Hanzl Hicks
Lynn Barlow	Pat & Nancy Donowho	Stefanie Bass
Marcia & Brook Baker	Prep Academy Dance Studio	Stephen & Eileen Cole
Margaret Lupton	Preston Wimberly	Steve Bowerman
Marilyse Tucker	Rhonda Buchanan	Susan Bell
Mark King	Riley Arrott	Susan Williams
Mark Odle	Roberta (Bobbie) Wilson	Sylvia Guadarrama
Marlene Murch	Ronnie & Marsha Smith	Terry Shannon
Martha Ramirez	Roy Rodriguez	Thomas Ogilvy
Marty & Pattie Self	Royce & Joyce Sprott	TJ Brininstool
Mary Anne Casey	Rudy Olivas	Tommy Earnest
Mary Boster	Ruthie Odom	Tricia Hatfield & Family
Matthew Rowe	San Angelo YMCA	Trudy Darling
Melinda McCullough	Sarah & Norman Stroh	Ultra #500
Melissa Rivera	Sarah Denson	Veribest StuCo
Melvin Rose	Scott Bradford	Veronica Estrada
Michelle Chapa	Scott Tankersley	Veronica Madrigal
Mick & Laura Holcomb	Seth Mayberry	VGI Technology
Mike & Julie Kasberg	Sharon Halfmann	Wanda Lloyd
Nola Whirlow	Sherry Phillips	West Central Wireless
Ofelia Gonzales	Sierra Vista United Methodist Church	

Additional Volunteers

We did not have exact start dates for the following volunteers. We are working diligently to determine their number of years of service and will add them to the appropriate plaque as soon as we have that information. We appreciate their continued service to Meals For The Elderly.

Bill Roberts	Jerry Sefcik & Friends
Birdie Pool	Johnson Funeral Home
Bob & Connie Hicks	Johnson Street Church of Christ
Camille Santry	Shirley Turner
Carol Santry	Trinity Lutheran Church & School
Grace Presbyterian Chapel	

While we appreciate every single person that serves our organization, we also would like to recognize an individual and an organization each year that exemplifies the Meals For The Elderly mission. We are excited to present our Organization of the Year and Volunteer of the Year for 2023.

Organization of the Year

CalTech/Integriss

CalTech/Integriss first volunteered with us during our Community Champion Event in 2018. During this event our cause captured their hearts and within a month they had signed up to deliver a weekly route. Their faithful dedication to our program extends beyond weekly meal delivery. Throughout the year they donate their time volunteering at our fundraising events, they generously adopt wishes for the Seniors Still Believe Program, and they continue to participate in our annual Community Champion Events. With the kind support of community partners such as CalTech/Integriss, Meals For The Elderly is able to fulfill its mission to serve the homebound elderly and meet their nutritional needs. Thank you for all that you do and for the impact you are making in the lives of the homebound elderly in our community.

Volunteer of the Year

Stephen Cole

Stephen joined the Meals For The Elderly volunteer team in 2019. A typical volunteer day for Stephen begins at 5:30 a.m. assisting alongside our kitchen staff. He's always willing to help where he is most needed - meal prep, line service, packaging sack lunches and breakfast sacks, stocking inventory, even assisting other volunteers. Stephen has also helped in distribution expediting meals and even the occasional meal delivery. It's a testament to the organization and the work being done when volunteers recruit other volunteers. Stephen has done just that; recruited others to join the team including wife Eileen, who is now also a regular volunteer. Stephen is a dedicated volunteer with a heart for service. Meals For The Elderly is truly blessed to have Stephen Cole volunteering with us. We greatly appreciate your dedication to our program and thank you for all you do.

Thank You!

Local Businesses and Organizations that support

Meals For The Elderly

Upcoming Events

May 2

San Angelo Gives

June 10

Clay Shoot

September 19 & 21

Community Champions



Thank you to the Concho Valley Lodge 22 Fraternal Order of Police for their generous donation! We truly appreciate your support.

SAVE THE DATE

PRINCIPAL
INDUSTRIES presents

Saturday, June 10, 2023

at the San Angelo Claybird Association

New Time!

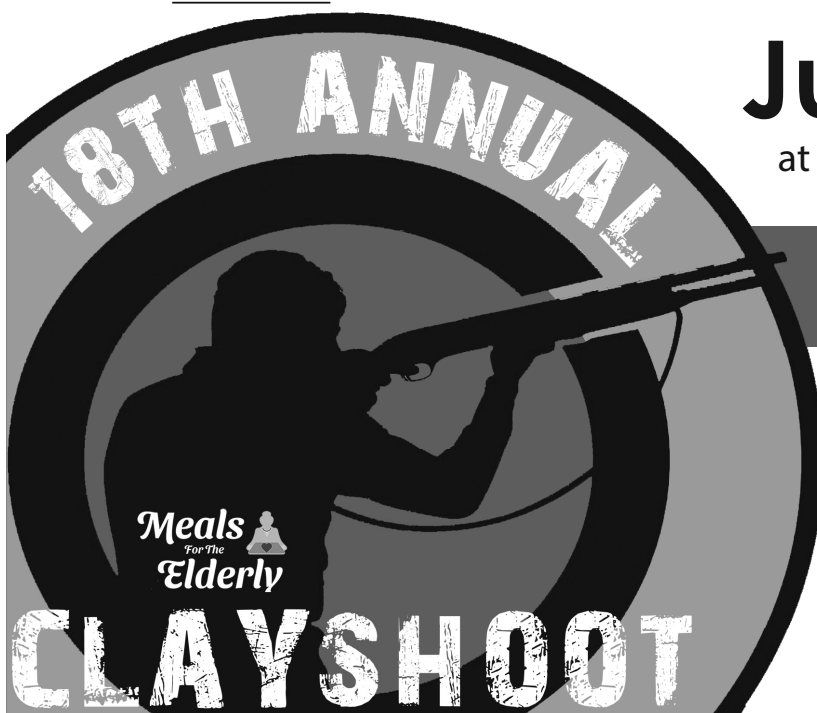
3 courses, 1 shoot time

8:00 am - Breakfast &
Check in

9:30 am - Shoot Time

11:45 am - Lunch

12:30 pm - Auction and
Shooter Prizes



Please Remember Meals For The Elderly in your Will!




Meals For The Elderly
310 E. Houston Harte
San Angelo, TX 76903

NON PROFIT ORG.
U.S. POSTAGE
PAID
Permit No 178
San Angelo, Texas

Notes From Recipients:

*Thank you for
the good meals.
They are always
good and I look
forward to talking
to the people that
delivered them.*



“Thank you for the good meals. They are always good and I look forward to talking to the people that deliver them”

Upcoming Closures

May 29 - Closed for Memorial Day

July 4 - Closed for Independence Day

September 4 - Closed for Labor Day

Meals For The Elderly is Online!

Website: www.MealsForTheElderly.org
Facebook: www.facebook.com/mealsfortheelderly

Sign up on our homepage to receive our E-News so you can stay up-to-date on **ALL** our work right here in Tom Green County!